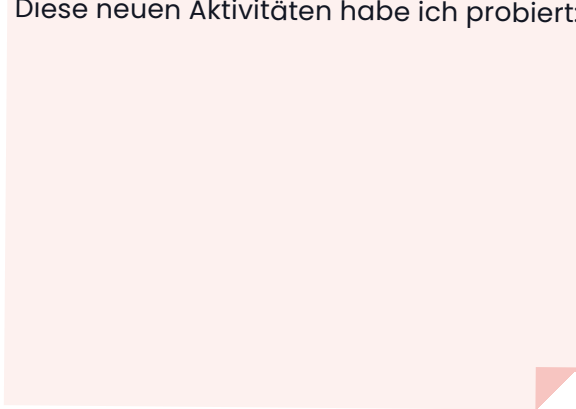


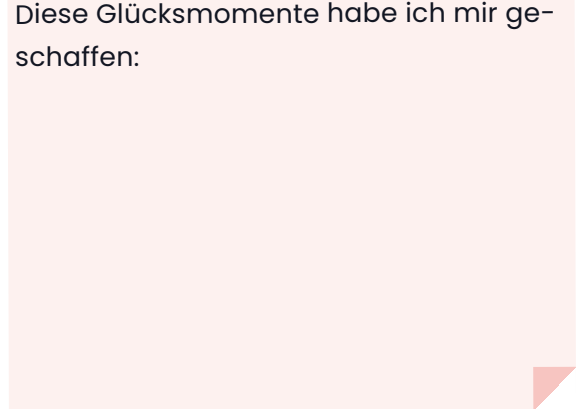
4.4 Bilanz ziehen

Beschreibe deine Erfahrungen mit AktivA!

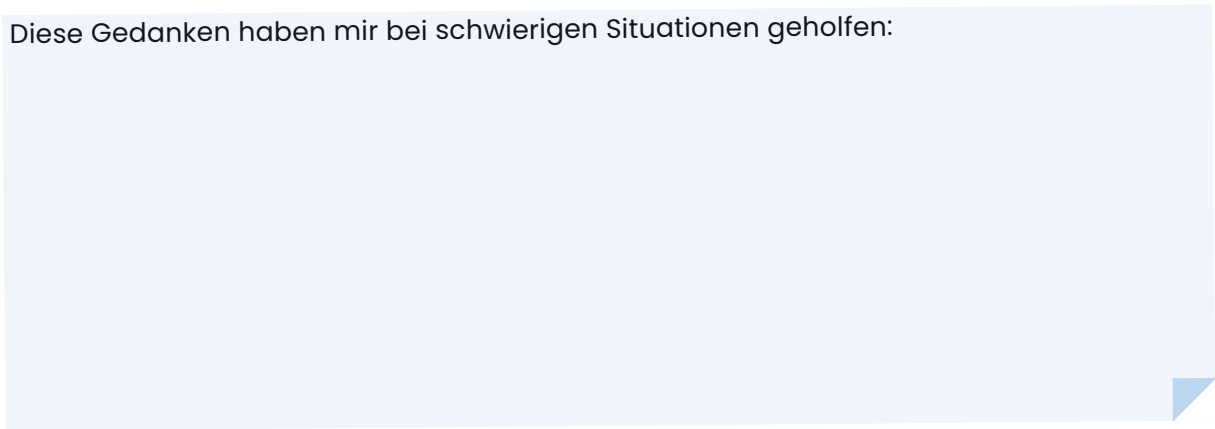
Diese neuen Aktivitäten habe ich probiert:

A rectangular sticky note with a light red background and a darker red border. The top-left corner is rounded, and the bottom-right corner is folded over. It is currently blank.

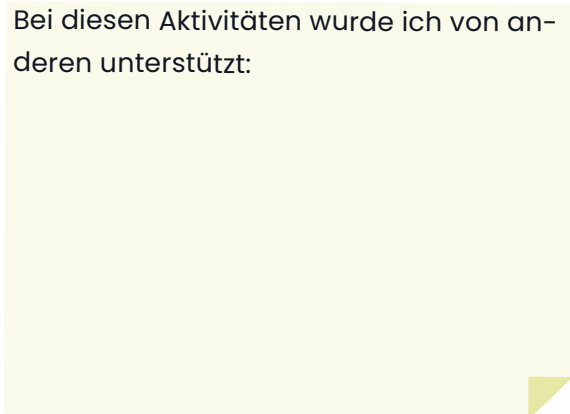
Diese Glücksmomente habe ich mir geschaffen:

A rectangular sticky note with a light red background and a darker red border. The top-left corner is rounded, and the bottom-right corner is folded over. It is currently blank.

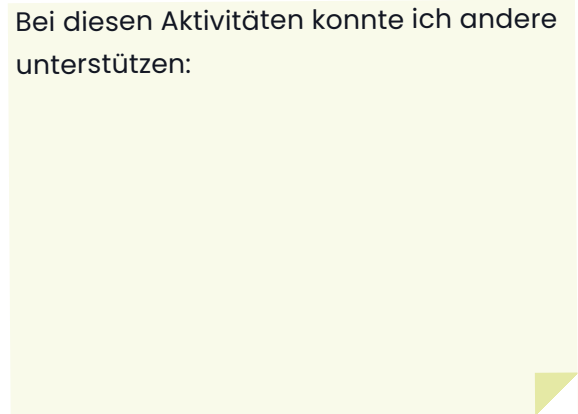
Diese Gedanken haben mir bei schwierigen Situationen geholfen:

A large rectangular sticky note with a light blue background and a darker blue border. The top-left corner is rounded, and the bottom-right corner is folded over. It is currently blank.

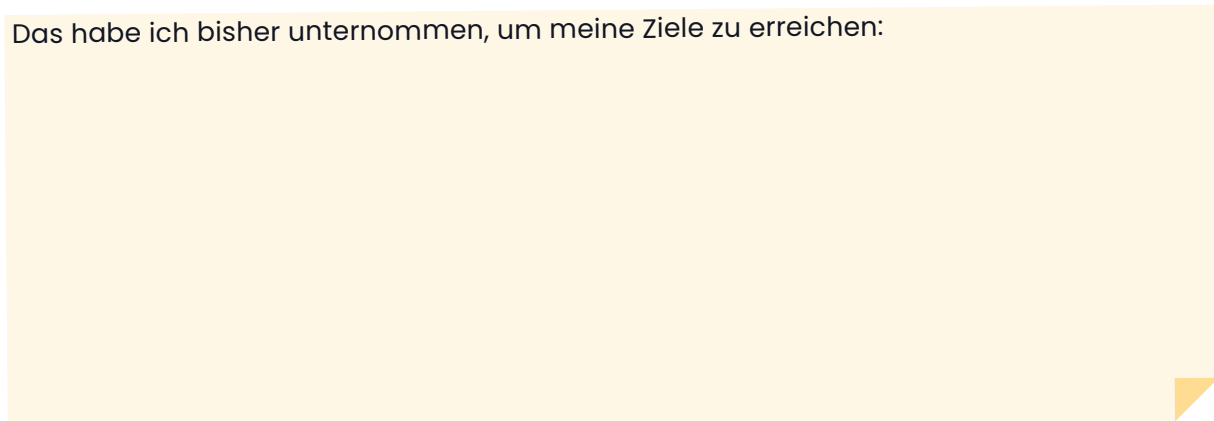
Bei diesen Aktivitäten wurde ich von anderen unterstützt:

A rectangular sticky note with a light green background and a darker green border. The top-left corner is rounded, and the bottom-right corner is folded over. It is currently blank.

Bei diesen Aktivitäten konnte ich andere unterstützen:

A rectangular sticky note with a light green background and a darker green border. The top-left corner is rounded, and the bottom-right corner is folded over. It is currently blank.

Das habe ich bisher unternommen, um meine Ziele zu erreichen:

A large rectangular sticky note with a light orange background and a darker orange border. The top-left corner is rounded, and the bottom-right corner is folded over. It is currently blank.